

Educational Services Resource Bank

The Educational Services Resource Bank (ESRB) may be used as a resource for OSSTF/FEESO members who are planning professional development activities. Many of these presenters are OSSTF/FEESO members and have participated in OSSTF/FEESO professional development programs and presentations (the ESRB is also available as a PDF document; see Related Attachments at the bottom of the page).

The past practice of the provincial office covering the expenses for approved OSSTF/FEESO members who are listed as speakers/presenters has changed effective October 2015. Only those presentations that have been approved by the Provincial Executive to act as supplemental information to currently offered Educational Services workshops will be funded by Provincial Office.

Districts and bargaining units will be responsible for all costs for all speakers/presenters unless otherwise noted in the chart below. Districts and bargaining units are encouraged to investigate cost-sharing with local employers, as well as with other districts and bargaining units, to assist with funding professional development opportunities. For further information, please contact Rob Dubyk (see Contact Information at the bottom of this page).

To give bargaining units an idea as to the approximate cost of bringing in various speakers, we are providing the following general guideline. Costs may be subject to change, however, and so it is recommended that personal contact be made (using the contact information in the chart) to confirm.



Indicates the cost of the presenter is covered by the Provincial Office


\$ 0 - \$500 + expenses


\$\$ \$500 - \$2,000 + expenses


\$\$\$ \$2,000 - \$5,000 + expenses



\$\$\$\$ \$5,000 + expenses



For further information, please contact Rob Dubyk at 416.751.8300 or 1.800.267.7867 or by email at rob.dubyk@osstf.ca.

| Provincially-funded ESRB presentations. Please use contract to book. | | | | |
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| Cost | Presentation | Length (hours) | Presenter | Contact Information |
|  | Living with Bipolar I share my personal journey with having Bipolar Illness in a candid, humorous and at times, | 1.5 - 2 | Tracey Crewson (OSSTF member) | Costs covered by provincial office. Contact rob.dubyk@osstf.ca for details and to book. |

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| | heart wrenching manner. You will learn and understand more about mental health after hearing my story. My goal is to educate and change the stigma around mental health illnesses. | | | |
|  | <p>Compassion Fatigue Awareness:</p> <p>Compassion Fatigue and its slow erosion of one's mental health is a very real problem in the field of education. After experiencing Compassion Fatigue, I took the training and realized that many people involved in education are unaware that they are experiencing this stressful and debilitating mental health problem. Learn more about Compassion Fatigue (CF), its early warning signs, self-care practices, healthy mental changes, and alternative options and choices. (1.5 hour presentation provides an overview of CF; half day and full day presentations provide a deeper understanding of CF and allows a development of one's personal tool box of self-care and CF mental health strategies.)</p> | <p>1.5 ½ day Full day</p> | <p>Cynthia McAlister (OSSTF member)</p> | <p>Costs covered by provincial office. Contact rob.dubyk@osstf.ca for details and to book.</p> |

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|  | <p>Transgender Issues:</p> <p>Transgender identities are changing the notion of diversity in the workplace. Our current understanding of gender is complex and rapidly changing – so are the policies which govern our educational workplace. Gain the awareness needed to ensure the school you work in is keeping pace. This presentation familiarizes participants with terminology associated with a variety of gender identities and what it means to support coworkers and students who identify as transgender. Awareness and understanding of gender complexity to support educational workers who are transgender helps create workplaces that respect human rights for everyone.</p> | <p>1.5 - 3</p> | <p>Kael Sharman</p> <p>(OSSTF member)</p> | <p>Costs covered by provincial office.</p> <p>Contact rob.dubyk@osstf.ca for details and to book.</p> |
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|  | <p>GSA for educators</p> <p>Does your district have a GSA (Gay-Straight Alliance or Gender Sexuality Alliance) for staff? Or do you currently have one but no one seems to be showing up? This might be the presentation for you. The presentation will focus on methods of creating a GSA for LGBTQ educators and their allies. GSAs for educators have many benefits; it takes away isolation many LGBTQ educators feel, it fosters positive changes and helps overcome homophobia, bi-phobia and transphobia in the workplace and most of all it creates strong networks of LGBTQ educators, their allies and the community at large. If you already have a GSA at your district and are looking at ways to make it stronger, this presentation will give you options to create connections with other educators in your district, community partners as well as creative initiatives to help your GSA expand.</p> | 1.5-3 | <p>Walter Cassidy</p> <p>(OSSTF member)</p> | <p>Costs covered by provincial office.</p> <p>Contact rob.dubyk@osstf.ca for details and to book.</p> |
|  | <p>The Reality of Precarity: What Part-Time, Casual, and Occasional Employment Means for Us</p> <p>This workshop invites participants to reflect on the growing trend of part-time, casual, and occasional work across the education sector and its implications for members' lives and</p> | 1.5 - 2 | <p>Ty Walkland and Chris Petersen</p> <p>(Both OSSTF members)</p> | <p>Costs covered by provincial office.</p> <p>Contact rob.dubyk@osstf.ca for details and to book.</p> |

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| | <p>livelihoods. Examining precarity through the lens of occasional teaching, the workshop provides space to share best practices and strategically plan ways to address precarity in district and bargaining unit activities.</p> | | | |
|  | <p>SafeTALK</p> <p>SafeTALK is an alertness training that prepares adults, regardless of previous experience, to be a suicide alert helper.</p> <p>Participants will learn to:</p> <ul style="list-style-type: none"> - Notice and respond to situations where suicide thoughts may be present - Recognize invitations for help that are often overlooked - Move beyond the common tendency to dismiss or minimize signs - Apply the TALK steps and - Know the community resources and how to connect someone with further help | 3 | <p>Paula Ferreira</p> <p>and</p> <p>Kerry Snip</p> <p>(Both OSSTF members)</p> | <p>Costs covered by provincial office.</p> <p>Contact rob.dubyk@osstf.ca for details and to book.</p> |
|  | <p>Move On: Why we feel angry and anxious and what to do about it</p> <p>Participants will explore the basics of the neurobiology of behaviour and discover ways to offset the dopamine (stress)</p> | 1 – 3 | <p>Karen Tompkins</p> <p>(OSSTF member)</p> | <p>Costs covered by provincial office.</p> <p>Contact rob.dubyk@osstf.ca for details and to book.</p> |

| | response. We will also look at how this can be applied to your work environment. | | | |
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| Locally-funded ESRB presentation. Please contact presenters to arrange. | | | | |
| Cost | Presentation | Length (hours) | Presenter | Contact Information |
| \$ | <p>Using Social Media and Emerging Technologies to Build Communities</p> <p>So you feel like you've been left behind by everyone else using social networking apps for their personal and professional lives? This presentation will get you caught up on the most popular social networking tools like Facebook, Twitter, and Instagram. Understand how they work, what you can do, and maybe even set up accounts for yourself to try them out. BYOD (Bring your own device).</p> | 1.5 - 3 | Anthony Marco | <p>Contact presenter to determine availability and cost.</p> <p>amarco@rogers.com</p> |
| \$ | <p>Social Media, Part 2 – Becoming Conversant</p> <p>Now that you've been on Facebook, any maybe even Twitter, for a few years, how do you expand your social networking horizons. We'll show you how to use other popular platforms like Instagram, LinkedIn, Slack, Dropbox, Google Docs and YouTube. We'll also try out some of the advanced features of Facebook that you might not have even knew existed.</p> | 1.5 - 2 | Anthony Marco | <p>Contact presenter to determine availability and cost.</p> <p>amarco@rogers.com</p> |

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| | BYOD (Bring your own device). | | | |
| \$ | <p>The Identified Student's Side of Education</p> <p>To be able to educate students who are identified it would be beneficial to have an idea of what they might be going through. In this presentation, the presenter will describe his experiences trying to get through the education system with dyslexia. He will also explore how to find out more about ADHD and autism.</p> | 1 - 1.5 | Wayne McFarlane | <p>Contact presenter to determine availability and cost.</p> <p>wayne_mcfarlane@kprdsb.ca</p> |
| \$ | <p>Aboriginal Character Education Strategies:</p> <p>Integrating Awareness of First Nations Peoples and Teachings into Student-Focussed Curriculum as the Backbone of Character Education.</p> | 1.5 - 3 | Yvonne Dufault | <p>Contact presenter to determine availability and cost.</p> <p>yvonedefault@live.ca</p> |
| \$ | <p>Instructional Intelligence:</p> <p>This hands-on holistic, experiential presentation shares successful experiments with ESL and DD students. Learn practical strategies to help at risk learners. Internet links dealing with research will be provided. Dress comfortably.</p> | 1.5 - 3 | Yvonne Dufault | <p>Contact presenter to determine availability and cost.</p> <p>yvonedefault@live.ca</p> |
| \$ | <p>100 Years of Black Life in Canada: 1865-1965</p> <p>This presentation will provide classroom teachers and other education</p> | 2 | Natasha Henry | <p>Contact presenter to determine availability and cost.</p> <p>fundi_edu@hotmail.com</p> |

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| | workers with content knowledge, teaching strategies, and resources for integrating the African Canadian experience from the mid-19th century to the mid-20th century into their classrooms. Topics include citizenship and identity, the diverse Black population, Emancipation Day celebrations, segregated schools, social institutions, and civil rights activism. | | | |
| \$ | <p>Slavery in Canada</p> <p>An engaging presentation aimed to help educators incorporate the history of African enslavement in Canada into their history program. Participants will learn how to include the experiences of enslaved African men, women, and children into the curriculum in a meaningful way through the use of primary and secondary sources.</p> | 2 | Natasha Henry | Contact presenter to determine availability and cost. fundi_edu@hotmail.com |
| \$\$ | <p>Social Media and Social Change</p> <p>This session explores the oppressive undercurrents of online bullying and how to support students in challenging their peers' bigotry and modelling healthier social norms, online and offline.</p> | 1-3 | Stephanie Guthrie | Contact presenter to determine availability and cost. stephanieanneguthrie@gmail.com |
| \$\$ | <p>Keeping the Learning Audience Engaged</p> <p>Are you looking for ways to increase your own level of dynamism so that you can</p> | 1 - 3 | Kathryn Brillinger | Contact presenter to determine availability and cost. kbrillinger@conestogac.on.ca |

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| | share ideas and set up learning opportunities more effectively? This session looks at non-verbal and verbal characteristics that can be deliberately modified for impact. | | | |
| \$\$ | <p>Nurturing the Teaching Self</p> <p>From practical marking tips to philosophical sharing, this session can help you to re-ignite your teaching energies.</p> | 1 - 3 | Kathryn Brillinger | <p>Contact presenter to determine availability and cost.</p> <p>kbrillinger@conestogac.on.ca</p> |
| \$\$ | <p>Intercultural Communication in Educational Settings</p> <p>This dynamic and fast-paced session offers you the chance to explore the newest theories in intercultural communication and how culture impacts exchanging knowledge.</p> | 1 - 3 | Kathryn Brillinger | <p>Contact presenter to determine availability and cost.</p> <p>kbrillinger@conestogac.on.ca</p> |
| \$\$ | <p>Stress Relief for Educators</p> <p>Participants will leave the presentation as Resilient Educator(s) having learned to relieve stress anywhere at any time through scientifically researched and field-tested techniques developed by the Institute of HeartMath. They will be encouraged to teach these to their students of all ages for improved academic success and better relationships.</p> | 1hr ½ day 1 day | Jane Milligan (OSSTF Member) | <p>Contact presenter to determine availability and cost.</p> <p>sanctuarymuch@rogers.com</p> |
| \$\$ | Stress Relief for the | 1hr | Jane | Contact presenter to |

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| | <p>Classroom</p> <p>Life in the classroom can become more fulfilling for all concerned when a simple technique to deal with Stress is taught to students of any age. In addition, research by the Institute of HeartMath demonstrates increased academic results as well as improved relationships among classmates, between parents and their children, and between teachers and their students.</p> | <p>½ day 1 day</p> | <p>Milligan (OSSTF member)</p> | <p>determine availability and cost. sanctuarymuch@rogers.com</p> |
| <p>\$\$</p> | <p>A New Slant on Mental Health and Well-Being, through happiness, laughter and comedy</p> <p>An interactive presentation or keynote featuring Sue's ground-breaking Happiness at School™ project using stand-up comedy to promote mental health, well-being and literacy. Based on Sue's book Kidding Around: connecting kids to happiness, laughter and humour. See www.happiness-at-school.ca for more information.</p> | <p>1 - 4</p> | <p>Susan Stephenson</p> | <p>Contact presenter to determine availability and cost. suestephenson@rogers.com</p> |
| <p>\$\$</p> | <p>Leading with Trust</p> <p>Trust is critical in leading learning communities. In this interactive and reflective session, Susan helps individuals and teams improve trust levels based on current research and</p> | <p>1hr – 2 days</p> | <p>Susan Stephenson</p> | <p>Contact presenter to determine availability and cost. suestephenson@rogers.com</p> |

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| | <p>focuses on: the barriers of distrust; building personal and interpersonal capacity within and among the administrative team and the staff; sequenced practical strategies and activities, with increasing levels of risk, from toxic distrust to early trust to healthy mature trust and the nature of professional learning in a trusting culture. Participants will leave with a plan to improve relationships, teamwork and increase student achievement.</p> | | | |
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October 11, 2019