



2020  
**GROWTH  
& OPPORTUNITY**  
Professional Development Workshops

As a result of the restrictions to in-person gatherings, only online workshops will be available until further notice. The following workshops are available as live webinars. A separate contract for each workshop requested is required one month prior to the presentation date. Workshops are subject to availability. **A minimum of 20 participants is required or \$500.00 will be charged to the District rebate.**

Please contact your Educational Services Field Secretary at 416-751-8300 or toll free 1-800-267-7867 for more information or to request any OSSTF/FEESO Educational Services workshop.

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### Educational Services Workshops

**1. ADVOCACY TO ACTIVISM: A BLUEPRINT FOR EQUITY 1.5 hours**

This workshop offers educators the opportunity to move beyond their introductory understanding of equity issues by examining power/privilege/oppression, intersectionality, and social justice activism. Participants will be provided with practical strategies for assessing situations for inequities and identify resources/supports across the education sector to implement meaningful change.

**2. CLASSROOM MANAGEMENT SERIES 1.5 hours each**

**CLASSROOM MANAGEMENT FOR TEACHERS**  
**CLASSROOM MANAGEMENT FOR OCCASIONAL TEACHERS**  
**CLASSROOM MANAGEMENT FOR EARLY YEARS** (suitable K-3)

Effective classroom management skills are essential in providing a positive and secure environment where students can achieve their potential. Participants will learn practical strategies for creating a positive learning environment and will have opportunities to address some of the behaviours they face. The workshops for OTs and those in Early Years address the unique challenges that each group faces in dealing with classroom management.

**3. CULTIVATING RESILIENCE 1.5 hours**

The ability to cope in the face of adversity and manage stressful conditions requires wide-ranging supports in today's schools and communities. Through dialogue and discussion, this workshop provides educational workers with the strategies needed to enhance well-being and foster resilience and positive mental health.

**4. CYBERBULLYING 1.5 hours**

Cyberbullying remains a concern with the popularity of social media and the expansion of new technologies. Electronic devices can clandestinely capture pictures, videos, and sound files which can then be quickly uploaded to the internet. This workshop will explain the different types of cyberbullying and provide strategies for addressing them.

**5. EQUITY IN PRACTICE 1.5 hours**

This transformative workshop gives educational workers the tools and resources to be the tipping point that will lead to positive change in our workplaces and beyond. Participants will examine issues of power and privilege that challenge thinking while acquiring strategies that ensure their practices are equitable and their workplaces are inclusive.

**6. MANAGING CONFLICT 1.5 hours**

Conflict resolution skills are an important component of effective interpersonal relationships. During this workshop participants will examine the sources of conflict that can occur between/among colleagues in the workplace, understand the reasons for addressing conflicts, and explore a three-step approach for managing them.

UPDATED

**7. RACIAL JUSTICE 1.5 hours**

What does racial justice look like in our complex society? This interactive workshop invites participants to engage in the critical examination of our perspectives about race, racism, and white privilege. Having these courageous conversations will provide educational workers with practical steps to interrupt and challenge everyday racial discrimination.

**8. THE SCIENCE OF LEARNING 1.5 hours**

Understanding and using cognitive science in our practices will improve our effectiveness as educators. This workshop will present a simple model of how the mind works and will identify effective learning strategies and how to use them in the classroom and beyond.

**BOUNDARY ISSUES FOR EDUCATORS 1.5 hours**

Contact your Educational Services field secretary.

### Provincially-funded ESRB Workshops

**1. LIVING WITH BIPOLAR 1.5-2 hours**

The presenter shares her personal journey with having Bipolar Illness in a candid, humorous and at times, heart wrenching manner. You will learn and understand more about mental health after hearing her story. Her goal is to educate and change the stigma around mental illnesses.

**2. GSA FOR EDUCATORS 1.5-3 hours**

Does your District have a GSA (Gay-Straight Alliance or Gender Sexuality Alliance) for staff? Or do you currently have one but no one seems to be showing up? This might be the presentation for you. The presentation will focus on methods of creating a GSA for LGBTQ2SI educators and their allies. GSAs for educators have many benefits; it takes away isolation many LGBTQ2SI educators feel, it fosters positive changes and helps overcome homophobia, biphobia and transphobia in the workplace and most of all it creates strong networks of LGBTQ2SI educators, their allies and the community at large. If you already have a GSA at your District and are looking at ways to make it stronger, this presentation will give you options to create connections with other educators in your District, community partners as well as creative initiatives to help your GSA expand.

**3. THE REALITY OF PRECARIETY: WHAT PART-TIME, CASUAL, AND OCCASIONAL EMPLOYMENT MEANS FOR US 1.5-2 hours**

This workshop invites participants to reflect on the growing trend of part-time, casual, and occasional work across the education sector and its implications for members' lives and livelihoods. Examining precarity through the lens of occasional teaching, the workshop provides space to share best practices and strategically plan ways to address precarity in District and Bargaining Unit activities.

**4. MOVE ON: WHY WE FEEL ANGRY AND ANXIOUS AND WHAT TO DO ABOUT IT 1-3 hours**

Participants will explore the basics of the neurobiology of behaviour and discover ways to offset the dopamine (stress) response. We will also look at how this can be applied to your work environment.