

Appendix A

Name: _____

Date: _____

Case Studies

1. Sarah

Sarah is a sweet 15 year old girl. She loves to be at school and to have time with her friends. She does not enjoy lunch time because there are a group of girls who constantly tease her. They call her nasty names. This makes Sarah feel very sad.

2. John

John is 15 years old. He desperately wants to have friends and to be part of a social group. When he tries to join in a group or activity he is ignored. He does not get asked to participate. When teams are being picked, John is always the last one chosen.

3. Ben

Ben is 14 years old. Every day, when he is in school, Sam takes great pleasure in tripping Ben in hallways. Ben tries to avoid Sam, but Sam seems to always find Ben. For a number of days, Ben has refused to go to school due to Sam's behaviour.

4. Josh

Josh is a 17 year old boy. Each day at school a group of boys come up to Josh in the school cafeteria; they demand that Josh give them his lunch money or they will beat him up. Josh does not want to be beaten so he reluctantly gives over his money. He does not end up eating a lunch.

Appendix A

5. Peggy

Peggy is a 17 year old girl. She went to the high school dance with her friends. She met up with Kevin. She enjoyed dancing with Kevin. Near the end of the dance, Kevin said that since he spent his evening with her, she owed him. He demanded that she have sexual relations with him.

6. Kaylee

Kaylee is a very shy 16 year old girl. At school everyone was laughing at her because of something they read the night before on the Internet. Apparently, another student posted in her blog something very nasty about Kaylee and another boy at school.

7. Jack

Jack is a 15 year old boy. In gym class, he accidentally hit another boy in the face with the volleyball. Everything seemed okay in the gym class, but when Jack went into the change room the situation changed. The boy threatened to beat Jack up after school in retaliation for hitting him in the face.

Appendix A

**Case Studies
Teacher Key**

Sarah	-	Verbal Bullying
John	-	Social Bullying
Ben	-	Physical Bullying
Josh	-	Extortion
Peggy	-	Sexual Bullying
Kaylee	-	Cyber Bullying
Jack	-	Threats and Intimidation

Bullying Prevention

Appendix B

Name: _____

Date: _____

Bullying

Definition of bullying:

Personal bullying situation:

Bullying situation witnessed:

Appendix B

Name: _____

Date: _____

Types of Bullying

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

Bullying Prevention

Appendix C

Name: _____

Date: _____

Bullying Prevention Unit Self-Evaluation Rubric

	Level One	Level Two	Level Three	Level Four
Understanding of bullying	Beginning to understand bullying	Partial understanding of bullying	Substantial understanding of bullying	Thorough understanding of bullying
Understanding of physical bullying	Beginning to understand physical bullying	Partial understanding of physical bullying	Substantial understanding of physical bullying	Thorough understanding of physical bullying
Understanding of verbal bullying	Beginning to understand verbal bullying	Partial understanding of verbal bullying	Substantial understanding of verbal bullying	Thorough understanding of verbal bullying
Understanding of social bullying	Beginning to understand social bullying	Partial understanding of social bullying	Substantial understanding of social bullying	Thorough understanding of social bullying
Understanding of threats and intimidation	Beginning to understand threats and intimidation	Partial understanding of threats and intimidation	Substantial understanding of threats and intimidation	Thorough understanding of threats and intimidation
Understanding of extortion	Beginning to understand extortion	Partial understanding of extortion	Substantial understanding of extortion	Thorough understanding of extortion
Understanding of cyber bullying	Beginning to understand cyber bullying	Partial understanding of cyber bullying	Substantial understanding of cyber bullying	Thorough understanding of cyber bullying
Understanding of sexual bullying	Beginning to understand sexual bullying	Partial understanding of sexual bullying	Substantial understanding of sexual bullying	Thorough understanding of sexual bullying

Comments: _____

Bullying Prevention

Appendix D

Name: _____

Date: _____

Bullying Prevention Unit Teacher Evaluation Rubric

	Level One	Level Two	Level Three	Level Four
Understanding of bullying	Beginning to understand bullying	Partial understanding of bullying	Substantial understanding of bullying	Thorough understanding of bullying
Understanding of physical bullying	Beginning to understand physical bullying	Partial understanding of physical bullying	Substantial understanding of physical bullying	Thorough understanding of physical bullying
Understanding of verbal bullying	Beginning to understand verbal bullying	Partial understanding of verbal bullying	Substantial understanding of verbal bullying	Thorough understanding of verbal bullying
Understanding of social bullying	Beginning to understand social bullying	Partial understanding of social bullying	Substantial understanding of social bullying	Thorough understanding of social bullying
Understanding of threats and intimidation	Beginning to understand threats and intimidation	Partial understanding of threats and intimidation	Substantial understanding of threats and intimidation	Thorough understanding of threats and intimidation
Understanding of extortion	Beginning to understand extortion	Partial understanding of extortion	Substantial understanding of extortion	Thorough understanding of extortion
Understanding of cyber bullying	Beginning to understand cyber bullying	Partial understanding of cyber bullying	Substantial understanding of cyber bullying	Thorough understanding of cyber bullying
Understanding of sexual bullying	Beginning to understand sexual bullying	Partial understanding of sexual bullying	Substantial understanding of sexual bullying	Thorough understanding of sexual bullying

Comments: _____

Appendix E

Name: _____

Date: _____

**Physical Bullying
Think-Pair-Share**

What is physical bullying?

What types of activities are involved in physical bullying?

Incidents where you have witnessed, participated in, or are aware of physical bullying.

Appendix F

Name: _____

Date: _____

Physical Bullying Information

Definition:

Characteristics:

How to avoid being a victim of physical bullying:

What to do if you are being physically bullied:

What do you do if you witness someone being physically bullied?

Bullying Prevention

Appendix H

Name: _____

Date: _____

Journal Rubric

	Level One	Level Two	Level Three	Level Four
Content	The content is rarely clear and concise and on topic	The content is seldom clear and concise and on topic	The content is mostly clear and concise and on topic	The content is clear and concise and on topic
Accuracy	The journal entry is rarely on topic	The journal entry is seldom on topic	The journal entry is mostly on topic	The journal entry accurately describes the topic
Reader Comprehension	The reader can rarely understand the points in the journal entry	The reader can seldom understand the points in the journal entry	The reader can mostly understand the points in the journal entry	The reader can clearly understand the points in the journal entry
Spelling / Grammar / Punctuation	The journal entry has many convention errors	The journal entry some convention errors	The journal entry is mostly free of any convention errors	The journal entry is free of any convention errors
Organization	The journal entry is only starting to be organized	The journal entry shows some organization	The journal entry is mostly organized in a logical manner	The journal entry is well organized in a logical manner

Comments: _____

Appendix I

Name: _____

Date: _____

Verbal and Social Bullying Definitions

Definition of Verbal Bullying:

Definition of Social Bullying:

Characteristics of Verbal Bullying:

Characteristics of Social Bullying:

Appendix J

Name: _____

Date: _____

Verbal and Social Bullying

How to avoid being a victim of verbal and/or social bullying:

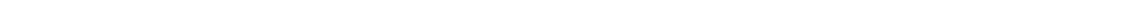
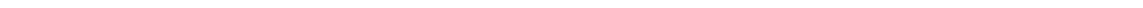
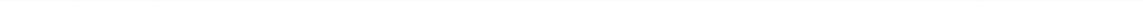
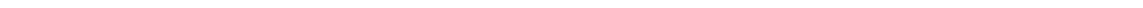
What to do if you are being verbally and/or socially bullied:

What do you do if you witness someone being verbally and/or socially bullied?

Bullying Prevention



Appendix K



Appendix L

Name: _____

Date: _____

Extortion, Threats and Intimidation

Definitions:

Extortion: _____

Threats and Intimidation: _____

Characteristics:

Extortion:

Threats and Intimidation:

Bullying Prevention

Appendix L

How to avoid being a victim of extortion or threats and intimidation:

What to do if you are being a victim of extortion, threats or intimidation:

What do you do if you witness someone being victimized through extortion, threats or intimidation?

Appendix M

Extortion, Threats and Intimidation Role Play Scenarios

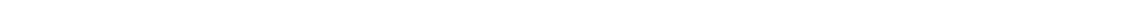
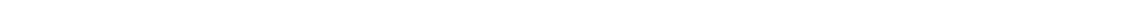
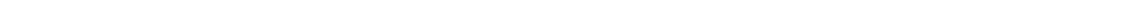
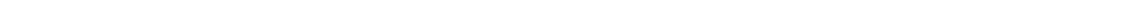
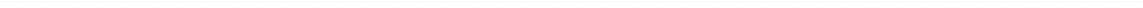
These role play scenarios are for small student groups to enact.

1. You are in the school cafeteria with your friends eating lunch. Another student comes up to you, punches you in the shoulder and demands you give him/her your money.
2. As you are walking in the hall another student comes up to you and whispers into your ear "at the end of the day you're dead. I will find you on your way home".
3. As you go to enter your math class, a group of students come up to you and block your entrance into the classroom.

Bullying Prevention



Appendix N



Appendix O

Cyberbullying Word Search

B B K O M F B C I O W Z C L T I B S T N
W E K O L Y H L J H T V A K N D U P E E
G Q W I O A S H O P A T B S E O A W N T
D F A E T B R P X C I R T C M A H A R W
H M G R D P E M A G K A M Y S A Y E E O
E E O B W I K C I C N I N K S S E W T R
E O G C Q Q W D A T E O N Q A Z H U N K
M C X T K T V D M F N O F G R O V O I M
F X M N P Y K E L A A U R S A C C K U K
Z W N C J O S K Y R X S V K H A F O I K
B L O G U S T Z Q S O C E L L P H O N E
N E H R E T U P M O C W N Y N B Q K U Y
T X F N P T Y A A T A H V J G U H W A P
A C G W F A K C D L P T G M V L V A R K
E E G N I Y L L U B R E B Y C L E O H G
R F L A M I N G H D W K D Y V Y F V P X
H F U E T C G U E H L H W W W I N O T U
T P K K L C S B Z D T Y P Y L N Y X L I
G N I T X E T E G M A O U E E G M F E H
Q L L L H G Z M O R K G J A B P T U L T

ANONYMOUS

BULLYING

COMPUTER

EMAIL

HARASSMENT

INSTANTMESSENGER

MYSFACE

THREAT

BLOCKING

CELLPHONE

CYBERBULLYING

FACEBOOK

HARM

INTERNET

NETWORK

WORLDWIDEB

BLOG

CHATROOM

DIGITAL

FLAMING

LAPTOP

PROFILE

TEXTING

Appendix P

Name: _____

Date: _____

Cyber Bullying

Definition:

Characteristics:

How to avoid being a victim of cyber bullying:

What to do if you are being cyber bullied:

What do you do if you witness someone being cyber bullied?

Appendix R

Name: _____

Date: _____

Sexual Bullying

Definition:

Characteristics:

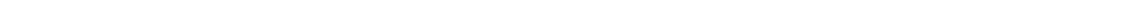
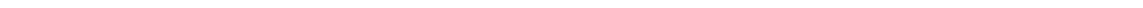
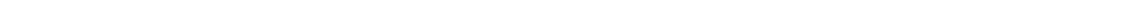
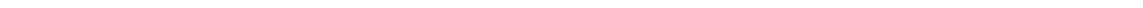
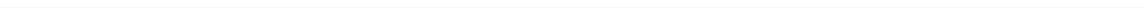
How to avoid being a victim of sexual bullying:

What to do if you are being sexually bullied:

What do you do if you witness someone being sexually bullied?



Appendix S



Appendix T

Name: _____

Date: _____

Dear Diary Letter Assignment

You have applied to work as a journalist at the local newspaper office. One of the expectations is that you create a portfolio. The job you are applying for is an advice columnist. The editor of the newspaper has invited you to a job interview three days from today and has asked that you bring a sample of your work including a 'dear diary' letter (written in first person) based on the information he has provided below.

In your letter you are to include the following items:

- identify the type of bullying the victim (you) are experiencing (as assigned by your teacher);
- describe the emotional and/or physical reactions the victim (you) have been experiencing during the situation;
- describe the victim's (your) interpretation of why the bullying may be happening;
- describe the steps the victim (you) has taken to report the situation along with who it was reported to;
- describe the outcome of the reporting - were there any positive and/or negative reactions from peers, family, the bully(ies), and school staff.

When you submit your letter you are to print two copies, putting your name on only one copy. These letters are a part of your culminating activity for this unit.

Due Date: _____

Bullying Prevention

Appendix U

Name: _____

Date: _____

Dear Diary Letter Rubric

	Level One	Level Two	Level Three	Level Four
Identification of the type of bullying	Limited identification of bullying type	Moderate identification of bullying type	Substantial identification of bullying type	Thorough and complete identification of bullying type
Description of type of bullying	The description of the type of bullying is starting to show an understanding of bullying	The description of the type of bullying shows a partial understanding of bullying	The description of the type of bullying shows a substantial understanding of bullying	The description of the type of bullying shows a thorough understanding of bullying
Illustration	There is an illustration on the poster	The illustration is moderately creative	The illustration is creative	The illustration is highly creative
Prevention strategies	There is a basic description of the bullying prevention strategies	The description of the bullying prevention strategies is partially explained	The description of the bullying prevention strategies is thorough	The description of the prevention strategies is very thorough
Other information	There is very little attempt to include additional information	There is some additional information	There is a substantial amount of other information.	The other information is very thorough
Creativity	There is a small amount of creativity in the poster	The poster is moderately creative	The poster is creative	The poster is highly creative

Comments: _____

Appendix V

Name: _____

Date: _____

Bullying Prevention Poster

Your task is to take the knowledge you have gained throughout this unit and share the information with the rest of the class using a poster presentation.

Working individually, you will choose one of the "Dear Diary" letters from the box and create a poster to illustrate the type of bullying in the scenario along with strategies and ways for the person to seek help.

Poster Components:

- Title (creative)
- Description of the type of bullying
- Illustration
- Prevention strategies
- Other information

Due date: _____

Appendix W

Name: _____

Date: _____

**Bullying Culminating Activity
Self-Evaluation Rubric**

	Level One	Level Two	Level Three	Level Four
Title	The title is on the poster	The title is moderately creative	The title is creative	The title is highly creative
Description of type of bullying	The description of the type of bullying is starting to show an understanding of bullying	The description of the type of bullying shows a partial understanding of bullying	The description of the type of bullying shows a substantial understanding of bullying	The description of the type of bullying shows a thorough understanding of bullying
Illustration	There is an illustration on the poster	The illustration is moderately creative	The illustration is creative	The illustration is highly creative
Prevention strategies	There is a basic description of the bullying prevention strategies	The description of the bullying prevention strategies is partially explained	The description of the bullying prevention strategies is thorough	The description of the prevention strategies is very thorough
Other information	There is very little attempt to include additional information	There is some additional information	There is a substantial amount of other information.	The other information is very thorough
Creativity	There is a small amount of creativity in the poster	The poster is moderately creative	The poster is creative	The poster is highly creative

Comments: _____

Bullying Prevention

Appendix X

Name: _____

Date: _____

Bullying Culminating Activity Teacher Evaluation Rubric

	Level One	Level Two	Level Three	Level Four
Title	The title is on the poster	The title is moderately creative	The title is creative	The title is highly creative
Description of type of bullying	The description of the type of bullying is starting to show an understanding of bullying	The description of the type of bullying shows a partial understanding of bullying	The description of the type of bullying shows a substantial understanding of bullying	The description of the type of bullying shows a thorough understanding of bullying
Illustration	There is an illustration on the poster	The illustration is moderately creative	The illustration is creative	The illustration is highly creative
Prevention strategies	There is a basic description of the bullying prevention strategies	The description of the bullying prevention strategies is partially explained	The description of the bullying prevention strategies is thorough	The description of the prevention strategies is very thorough
Other information	There is very little attempt to include additional information	There is some additional information	There is a substantial amount of other information.	The other information is very thorough
Creativity	There is a small amount of creativity in the poster	The poster is moderately creative	The poster is creative	The poster is highly creative

Comments: _____
