

Mental Illness Public Service Announcement

Appendix B – Mental Illness and Stigma Definitions (From the TAMI guide <www.camh.net>)

DEFINITION OF MENTAL ILLNESS

Mental illness is a disturbance in thoughts and emotions that decreases a person's capacity to cope with the challenges of everyday life.

WHAT IS STIGMA?

The following are definitions of "stigma" taken from different sources and from different historical periods:

- "A mark or sign of disgrace or discredit."
- "A visible sign or characteristic of a disease."
- The Concise Oxford Dictionary, 1990
- "An attribute which is deeply discrediting"
- Goffman, E., Stigma: The management of spoiled identity. 1963
- "A distinguishing mark or characteristic of a bad or objectionable kind; a sign of some specific disorder, as hysteria."
- "A mark made upon the skin by burning with a hot iron, as a token of infamy or subjection; a brand."
- "A mark of disgrace or infamy; a sign of severe censure or condemnation, regarded as impressed on a person or thing."
- The Shorter Oxford English Dictionary

TERMS RELATED TO STIGMA

stereotype

"a person or thing that conforms to an unjustifiably fixed impression or attitude"

prejudice

"a preconceived opinion"

discrimination

- "unfavourable treatment based on prejudice"
- The Concise Oxford Dictionary, 1990

Appendix C Due Date:	
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Assignment: Make a Public Service Announcement

What do you want to know about mental illness in general?

Task #1 - Develop questions about mental illness.

Look over the list of disorders – are there any you would like to find out more about? What would you like to know?

Task #2 - Develop questions about a specific disorder.

Task #3 – Find as many answers for as many of your questions as you can. Take note of other interesting information. Use note-taking sheets provided by your teacher. Good websites to start at are www.cmha.ca (Canadian Mental Health Association) and www.camh.net (Centre for Addiction and Mental Health).

Task #4 – Create a one-minute public service announcement explaining your disorder. This is a role-play you will present to the class. The announcement need not cover all of the information you found in your research, but it should provoke thought, questions and discussion with the class. Above all it should promote TOLERANCE. You must be prepared to cite sources if questioned – be sure your information is from a reputable source.

Evaluation

Ouestions formulated: Formative check

Research Notes: Formative check and submit with rubric and script Public Service Announcement: **Summative** assessment – see rubric

For this assignment you may work alone or in groups of no more than 3. All members must participate actively in the presentation and submit individual research notes.

Some Disorders

Other Disorders:	Psychosis
Amnesia	Schizophrenia
Autism	
Mood Disorders:	Eating disorders:
Depression	♦ Anorexia
Bipolar disorder	♦ Bulimia
(formerly manic-depression)	Body dysmorphic disorder
Anxiety Disorders:	Personality disorders:
Obsessive-compulsive disorder	Dissociate identity disorder
Post traumatic stress disorder	(formerly multiple personality)
(formerly shell shock)	Antisocial personality disorder
Phobias	(formerly sociopath)
Social Anxiety Disorder	You may choose another disorder not on this list
Hypochondriasis	if it is approved by your teacher

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Appendix D

Public Service Announcement Rubric - Summative

Criteria	Redo	Level 1	Level 2	Level 3	Level 4
Understanding of	No understanding	Limited	Some understanding	Clear understanding	Thorough &
the selected	evident.	understanding of the	of the selected	of the selected	insightful
disorder.		selected disorder.	disorder.	disorder.	understanding of the
K					selected disorder.
Research is	No research evident	Research is	Research may not	Research is	Research is thorough,
complete and		superficial and	be complete may be	complete and	complete and
clearly		limited with little	somewhat unclear	clearly	creatively
demonstrated		attempt to integrate		demonstrated	demonstrated
T		into presentation			
Appropriate use of	No appropriate use	Demonstrates	Demonstrates	Demonstrates	Demonstrates
language and	of language or	limited command of	moderate command	considerable	extensive command
dramatization skills	dramatization skills	appropriate	of appropriate	command of	of language and
C		language and	language and/or	appropriate	highly effective
		dramatization skills	dramatization skills	language and	dramatization skills
				dramatization skills	
Accuracy and	No accuracy or	Material is limited	Material is	Material is accurate	Material is skillfully
relevance of	relevance of	in accuracy and	somewhat accurate	and relevant	selected and highly
material selected.	material	relevance	and relevant		accurate and relevant.
A					

Levels Achieved: K	T	C	A
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Appendix E	Note-Taking Page	
Bibliographic inf • Write the Co	ormation: OMPLETE and FULL bibliographic information for your source here:	
Page # (text) Or paragraph # (web)	Point Form Notes In your own words, detailed, related to your research topic/thesis	
Analysis Statem	nent: How does this information answer your research question?	

Appendix F

Mental Illness Public Service Announcements

Collect the following information as you watch the presentations and the discussion

Mental Illness	One Interesting/Surprising Thing about this Illness
1.	
2.	
3.	
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