

Additional Activities

Women in Sport

Title of Activity	Highlighting Women Olympians
Type of Activity	Collaborative, possibly multi-grade
Suggested Subjects / Courses	Social Science Courses, Drama, English, Health and Physical Education, Sport Management, Geography, History
Description of activity	<p>Canadian female athletes are reaching elite levels of competition at rates never seen before. They're winning tennis and golf championships and they're fighting their way to the Olympic podium. Even in non-playing roles, women are breaking barriers; they've been behind the mic, commentating professional basketball and hockey games. How are women doing it and what is the secret to these successes?</p> <p>In groups of 5-6, students will choose a Canadian woman athlete who has overcome adversity, has an inspiring story to tell or who has made an impact at the elite level.</p> <p><i>For example: Clara Hughes is a multi sport athlete and six time olympic medalist. She is also a champion when it comes to mental health and addiction. What is her story? What did she have to overcome? How is she changing lives outside of the athletic world?</i></p> <p>After looking at the 9 biographies of Canadian Women in Sport provided in the resource. Have each group of students choose three athletes from the group of nine and then find a fourth athlete not listed here. Develop an instagram account (or modify as needed ex: powerpoint/ google doc/ sports card)</p> <p>Students will post five pictures + captions that demonstrate the athlete's story.</p>
Notes	<p>May choose to look at athletes who are less successful because of difficult circumstances or experiences.</p> <p>Gender/ Gender Identification Race Sexuality Systemic Bias'</p>