



Be free and know that you are believed. Your story matters. We believe you.

46% of Indigenous women have experienced sexual assault in their lifetime.

www.canada.ca/en/women-gender-equality

33% of non-Indigenous women have experienced sexual assault in their lifetime.

www.canada.ca/en/women-gender-equality

The majority (83%) of sexual assaults are not reported to police. In fact, only five percent of sexual assaults were reported.

www.justice.gc.ca



Be free and know that you are. Your reality cannot be erased.

Research shows that women who experience IPV are 3 to 5 times more likely to develop depression and up to 5 times more likely to experience PTSD than women in the general population.

www.justice.gc.ca



Be free and know that. When you know, you can act. When we know, we must act.

Of relationships that involved physical or sexual violence, an overwhelming majority (95%) of partner-victims experienced some form of coercive control.

www.sagesse.org



Be free. No one should be bought and sold.

93% of victims of police-reported human trafficking were women and girls.

www.publicsafety.gc.ca

23% of victims of police-reported human trafficking were aged 17 and younger, 42% between 18-24, and 23% between 25-34.

www.publicsafety.gc.ca

82% of persons accused of human trafficking were men. 91% of victims were trafficked by someone they knew, and 34% were trafficked by an intimate partner.

www.publicsafety.gc.ca



Be. Let women and girls live. To simply be.

Data between 2011 and 2021 show that of all femicides, 21% of victims were Indigenous, despite comprising only 5% of the female population in Canada in 2021.

www150.statcan.gc.ca

One woman or girl is killed every 48 hours.

www.canadianwomen.org