



2019/20  
**GROWTH  
& OPPORTUNITY**  
Professional Development Workshops

A separate contract for each workshop requested is required one month prior. Workshops are subject to availability. **A minimum of 20 participants is required or \$1,000 will be charged to the district rebate.**

Please contact Cathy Renfrew at 416-751-8300 or toll free 1-800-267-7867 for more information or to request any OSSTF/FEESO Educational Services workshop.

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## Educational Services Workshops

### 1. **ADVOCACY TO ACTIVISM: A BLUEPRINT FOR EQUITY 2 hours**

This workshop offers educators the opportunity to move beyond their introductory understanding of equity issues by examining power/privilege/oppression, intersectionality, and social justice activism. Participants will be provided with practical strategies for assessing situations for inequities and identify resources/supports across the education sector to implement meaningful change.

### 2. **ANJI-BMAADZI-WIN: BEGINNING TO UNDERSTAND TRUTH AND RECONCILIATION 3 hours**

AVAILABLE JAN. 2020

This workshop is an introduction to understanding First Nations, Inuit and Métis peoples, cultures and communities through the lens of truth and reconciliation. Participants will review historical and contemporary events that continue to impact the relationship between Canada and Indigenous peoples, and consider how know these truths are integral to their own roles in education in moving toward reconciliation.

### 3. **BEYOND BULLYING: BUILDING SAFE WORKPLACES 3 hours**

This interactive workshop will explore the issues around workplace bullying: the types of bullying, the consequences of bullying and strategies for preventing and dealing with bullying behaviour. A package of resources will also be provided to participants.

### 4. **CHALLENGING MISOGYNY AND SEXUAL HARASSMENT IN OUR SCHOOLS 2-3 hours**

Sexual harassment is no joke. Studies show that sexual harassment has significant negative effects on those who experience it. As educational workers we must be willing to step up to challenge this form of abuse. This workshop will increase participants' awareness and understanding of sexual harassment and provide them with an opportunity to develop strategies that challenge sexual violence and harassment in their schools and workplaces.

### 5. **CLASSROOM MANAGEMENT SERIES 2-3 hours each** **CLASSROOM MANAGEMENT FOR TEACHERS** **CLASSROOM MANAGEMENT FOR OCCASIONAL TEACHERS** **CLASSROOM MANAGEMENT FOR EARLY YEARS** (suitable K-3)

Effective classroom management skills are essential in providing a positive and secure environment where students can achieve their potential. Participants will learn practical strategies for creating a positive learning environment and will have opportunities to address some of the behaviours they face. The workshops for OTs and those in Early Years address the unique challenges that each group faces in dealing with classroom management.

### 6. **CONFRONTING POVERTY: AN ACTION-BASED APPROACH TO ADDRESS CLASS BIAS 2-3 hours**

AVAILABLE JAN. 2020

The workshop uses statistics, narratives, and group interaction to explore the topic of poverty, to challenge our biases, and to reimagine how we can address poverty in our communities.

### 7. **CULTIVATING RESILIENCE 2 hours**

The ability to cope in the face of adversity and manage stressful conditions requires wide-ranging supports in today's schools and communities. Through dialogue and discussion, this workshop provides educational workers with the strategies needed to enhance well-being and foster resilience and positive mental health.

### 8. **CYBERBULLYING 2 hours**

Cyberbullying remains a concern with the popularity of social media and the expansion of new technologies. Electronic devices can clandestinely capture pictures, videos, and sound files which can then be quickly uploaded to the Internet. This workshop will explain the different types of cyberbullying and provide strategies for addressing them.

### 9. **DEALING WITH PEOPLE YOU FIND DIFFICULT 2-3 hours**

AVAILABLE JAN. 2020

Knowing how to interact with the people we find difficult to work with can be the most challenging part of our jobs. Participants will explore the nature of cyclically broken relationships, the complexity of electronic communications, and the difficulty of dealing with unexpected conflicts. This workshop offers techniques to help you respond in effective ways that promote positive change and to help you protect yourself from personal attacks.

### 10. **EQUITY IN PRACTICE 3 hours**

This transformative workshop gives educational workers the tools and resources to be the tipping point that will lead to positive change in our workplaces and beyond. Participants will examine issues of power and privilege that challenge thinking while acquiring strategies that ensure their practices are equitable and their workplaces are inclusive.

### 11. **MANAGING CONFLICT 2 hours**

UPDATED

Conflict resolution skills are an important component of effective interpersonal relationships. During this workshop participants will examine the sources of conflict that can occur between/among colleagues in the workplace, understand the reasons for addressing conflicts, and explore a three-step approach for managing them.

### 12. **MENTAL HEALTH—LET'S ACT! 2-3 hours**

This workshop will provide members with an opportunity to better understand the importance of mental health, the impact of mental illness, and offer strategies about how each of us can respond to the reality of mental health in education today. Relevant resources will also be provided to workshop participants.

### 13. **RACIAL JUSTICE 3 hours**

What does 'racial justice' look like in our complex society? This interactive workshop invites participants to engage in the critical examination of our perspectives about race, racism, and white privilege. Having these courageous conversations will provide educational workers with practical steps to interrupt and challenge everyday racial discrimination.

### 14. **THE 3RS OF WORKPLACE VIOLENCE: RIGHTS, RESPONSIBILITIES, RESOURCES 2-3 hours UNDER REVIEW**

This workshop will provide an understanding of workers' rights to safety, employer and employee responsibilities, and the necessary resources—such as the development of safety plans as required by government policy—to protect workers in educational settings. Districts/Bargaining Units requesting the workshop will be required to provide local forms/resources used by members to report incidents of workplace violence.

### 15. **THE EARLY LEARNING TEAM 2-3 hours**

This workshop includes a number of modules to address the needs of the Full Day Early Learning Kindergarten Team. Topics include: what makes an effective learning team, roles and responsibilities, professional conversations, building relationships, play-based learning, and the kindergarten curriculum. This workshop can be tailored to meet the needs of the audience.

### 16. **THE SCIENCE OF LEARNING 2 hours**

AVAILABLE JAN. 2020

Understanding and using cognitive science in our practices will improve our effectiveness as educators. This workshop will present a simple model of how the mind works and will identify effective learning strategies and how to use them in the classroom and beyond.

### 17. **WORKING TOGETHER: EFFECTIVE EDUCATIONAL TEAMS 3 hours**

Being part of effective, cohesive educational teams can improve performance and increase professional satisfaction. Through a variety of activities and discussion, participants will explore the importance of educational teams, examine team dynamics, and develop strategies and skills necessary to improve team effectiveness.

### **BOUNDARY ISSUES FOR EDUCATORS 2-3 hours**

Contact your Educational Services field secretary.